Follow these easy steps

Print this page and cut out the ring sizer below.

- On the ring sizer, cut along the dotted line, making a small slot.
- Forming a circle, insert the end of the tab into the slot with the numbers facing outward.
- Place your finger inside the ring sizer and then pull snugly.
- There you have it! Your ring size is the measurement on the ring sizing chart.

In the example shown here, the ring size is 6.